



**ON A  
MOTORCYCLE,  
wear the  
right gear!**

Québec 

**Your helmet and protective clothing are the only protection you can count on when riding a motorcycle. In the event of an accident or a fall, they can help prevent or minimize injury. In addition, a helmet and clothing that are brightly coloured or equipped with reflective strips help make you more visible on the road.**

Protective clothing must be chosen based on the protection provided in the event of a fall or impact. Opt for clothing made of leather, Kevlar or Cordura, as such clothing provides better protection against abrasions and tearing. Your clothing must fit snugly, be of good quality and be adapted to weather conditions in order to provide maximum comfort. It goes without saying that your passengers must also wear appropriate protective gear.

**You can find tips and information on motorcycle helmets and protective clothing in the buyer's guides at**  
**[www.saaq.gouv.qc.ca/motoguide](http://www.saaq.gouv.qc.ca/motoguide).**