



SPINE

HEAD

NECK

RIBS

LEGS

ARMS



**Keep your  
distance.  
Stay in  
one piece.**

In winter, slow down  
and keep a safe distance.

Québec 

## BEFORE YOU LEAVE



Between December 15 and March 15, make sure your vehicle is equipped with winter tires that are compliant and in good condition.



Completely remove snow and ice from your vehicle (windows, side mirrors, roof, hood and lights) to ensure good visibility.



Find out about road conditions and visibility from Québec 511. If conditions are poor, consider delaying your trip.

## ON THE ROAD



Slow down. Adjust your speed based on the weather and road conditions.

Maintain a safe distance from the vehicles in front of you.



Be patient around snow removal vehicles. Give the drivers enough space to do their job safely, and make sure they can see you.



If visibility is reduced, turn on your headlights so that your taillights are also on.

To find out more: [www.saaq.gouv.qc.ca/winter](http://www.saaq.gouv.qc.ca/winter)