



# **BUCKLE UP! IN THE FRONT SEAT AND IN THE BACK SEAT**

**Each year on average, from 2020 to 2024:**


- 59 people who were killed in a traffic accident were not wearing their seat belts;
- 125 people who sustained serious injuries in a traffic accident were also not wearing their seat belts.

**Regardless of whether you're the driver or a passenger, seated in the front or in the back, properly buckling up is mandatory. If you fail to do so, you face:**

- a fine of \$200 to \$300;
- three demerit points.

**If a passenger doesn't buckle up, who receives the statement of offence?**

- If the passenger is younger than 16, the driver is the one who receives the fine and demerit points.
- If the passenger is 16 or older, the passenger is the one who receives the fine and demerit points. The demerit points are entered in the passenger's driving record, even if the passenger doesn't have a driver's licence yet.



## How to properly adjust a seat belt

- The diagonal shoulder belt must always cross over your collar bone, not over your neck.
- The lap belt must always be worn low across your pelvic bone, not across your stomach.
- The seat belt should be snug and as close to the body as possible, with no slack.

## Taxis



### Passengers

You must also buckle up in a taxi and rideshare service vehicles (e.g. Uber), whether you're in the front seat or in the back seat.

### Taxi drivers

As of October 10, 2020, taxi drivers are no longer exempted from wearing seat belts. They must wear a seat belt whenever they are driving on public roadways, including within town and city limits, and on numbered public roads such as highways or expressways.



## Are you pregnant?

Studies show that **wearing a seat belt** significantly reduces the number and severity of the injuries sustained by pregnant women and their fetuses in the event of a collision. When buckling up, make sure to place the lap belt below your stomach.

For more information:  
[saaq.gouv.qc.ca/seatbelts](http://saaq.gouv.qc.ca/seatbelts)

Original text in French

Société de l'assurance  
automobile

Québec 

Avec vous,  
au cœur de votre sécurité