


At Night,

ADAPT
YOUR
DRIVING.

Increase
your safety and
the safety of
others, and
avoid penalties.

Québec 



At night, your driving can be affected by the decrease in natural light, the risk of glare, or fatigue.

Be careful!

HOW?

When it gets dark:

- Turn on your headlights. Dashboard lights or daytime running lights do not necessarily make the taillights switch on.
- Slow down!
- Keep your distance from the vehicle in front of you.
- Avoid passing when in doubt.
- When meeting oncoming vehicles, look toward the right side of the road.

If there is wildlife in the vicinity:

- Be careful at all times!

To fight fatigue:

- Rest before hitting the road.
- Take a break every two hours.
- Stop in a safe location.
- Take a 20- to 30-minute nap if needed.

PENALTIES

Failing to turn on the vehicle's headlights and integrated lights at night or when weather conditions so require

- \$100 to \$200, plus costs

Failing to switch from your high beams to your low beams when meeting an oncoming vehicle

- \$60 to \$100, plus costs

**Société de l'assurance
automobile**

Québec



Avec vous,
au cœur de votre sécurité

saaq.gouv.qc.ca/adapting-your-driving

Original text in French