

# Accompanied Driving Log

At all times, drivers must adopt safe, cooperative and responsible behaviours.

In particular, they must obey the *Highway Safety Code* and road signs and traffic signals, and also show courtesy towards vulnerable road users.

Accompanied driving is the best way for learner drivers to acquire driving experience and will help them be better prepared to drive alone once they obtain their probationary licence.

As learner drivers progress and gain experience and confidence, make sure they are exposed to more complex driving situations. However, be sure to go at their pace!

Québec

## Practise driving and adapting your driving

**Practise driving in various conditions:**

- ❑ in nice weather
- ❑ in the daytime
- ❑ at night
- ❑ when it's snowing
- ❑ when it's raining
- ❑ in heavy traffic
- ❑ in strong winds
- ❑ when it's foggy

**Practise driving in various environments:**

- ❑ residential streets
- ❑ multiple-lane roads
- ❑ shared streets
- ❑ school zones
- ❑ road work zones
- ❑ rural roads
- ❑ highways
- ❑ roundabouts

**Practise a variety of manoeuvres:**

- ❑ yielding the right of way
- ❑ changing lanes
- ❑ driving in a straight line
- ❑ making a turn
- ❑ crossing an intersection
- ❑ slowing down, stopping
- ❑ backing up
- ❑ parking
- ❑ checking blind spots

**Practise safe driving behaviours:**

- ❑ adapting their driving to weather and road conditions
- ❑ anticipating risks
- ❑ signaling their intentions
- ❑ cooperating with other road users
- ❑ sharing the road, especially with vulnerable road users
- ❑ obeying traffic rules

## Tips for driving in adverse conditions

**In winter,** drivers must adapt their driving to weather and road conditions. Under the *Highway Safety Code*, drivers must slow down when visibility is reduced by darkness, fog, rain or other precipitation, or when roads are slippery or not completely cleared.

**Nighttime driving** has its own challenges, including reduced visibility, glare and fatigue. It's important to adapt your driving habits and adopt safe practices to ensure your safety and that of other road users.

To find out more about the steps to take to obtain a Class 5 driver's licence, and to print additional copies of this driving log, visit:

saaq.gouv.qc.ca/en/road-safety/client-groups/young-drivers/first-driver-licence

C-6962-A (24-02)

# Accompanied Driving Log

This log allows you to monitor a learner driver's outings with their accompanying driver.

Encourage the learner driver to use the OEA strategy (Observe, Evaluate, Act) in order to anticipate driving situations, make proactive decisions and react appropriately to the unexpected. As explained in Chapter 2 of the *Driving a Passenger Vehicle guide*, the OEA strategy means:

- ☐ **Observe your environment**
- ☐ **Evaluate potentially risky situations**
- ☐ **Act safely**

| Date and time | Driving | | Hours/ minutes | Driving environments | Weather conditions | Elements or manoeuvres practised | Comments |
|---|---|---|---|---|---|---|---|
| | Day | Night | | | | | |
| 16/04/2023 3:30 p.m. | | X | 00 : 45 | Urban environment, school zone | Sunny, dry roads | Intersections and turns, road sharing, parking | Heavy traffic |
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| Total time (hours) | | |
|---|---|---|
| | Day driving | |
| | Night driving | |

**We recommend a minimum of 50 hours of accompanied driving, including nighttime driving.**

To become adept at dealing with all kinds of driving situations, new drivers must drive often and in various circumstances.

| Date and time | Driving | | Hours/ minutes | Driving environments | Weather conditions | Elements or manoeuvres practised | Comments |
|---|---|---|---|---|---|---|---|
| | Day | Night | | | | | |
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| Total time (hours) | Day driving | | | | | | |
| | Night driving | | | | | | |

Société de l'assurance automobile Québec

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